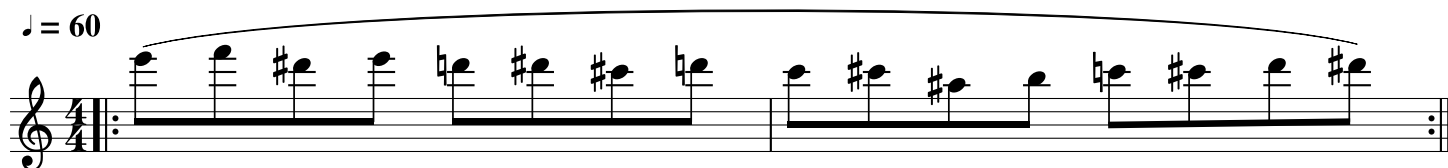


Stan Getz's Palm Key Exercise

(Well, at least that's who George Garzone told me he learned it from.)



Strive for perfect, even execution with no extraneous note glitches in between each note. Speed is not the goal here, clarity and evenness is. Play legato so you hear any glitches that arise from your left and right hands not operating in perfect sync. Try 5 minutes of this per practice session for a week. Record yourself day one and day 5 and review the results. Of course this, like anything, is not mastered in 5 days. This is something to add to your warm-up and technical practice arsenal.